

THE ATIAMAHA TRUST

Annual Report 2010

Reg. charity no: 1105187

Helping poor communities in Ghana to help themselves
by supporting health, education and farming

helping us to really MAKE A DIFFERENCE



OWA Orphans in Bolgatanga in their new school uniform, patiently waiting to receive their school books. The chance of an education will really change these children's lives.

OWA is our new **Orphan Welfare Agenda** project in the Upper East Region of Ghana. The Trust is currently funding 200 primary school and 20 secondary school orphans. We hope to be able to support many more orphans in 2011 with the help of our very generous supporters.

www.atiamah.com

The **Atiamah Charitable Trust (ACT)** is a small UK based charity that is working with community projects in the Upper East Region of Ghana. This is a poor rural area the size of the South West of England. In 2010 we worked in two main areas: the Wiaga region and Bolgatanga.

In January Wendy and Ann, two of our trustees, went to Ghana to visit the projects. They took 4 enormous bags full of medical equipment, drugs and dressings, sports kit, books, pens and pencils etc. plus backpacks containing laptops. All these gifts were very gratefully received.

The Trust would like to say a **BIG thank you** to everyone who donated items.



Dr Wendy giving stethoscopes to Sister Carmen at the Wiaga Health Clinic.

The Youth Library and Community Centre Project in Wiaga



The Wiaga Youth football team in their strip, kindly donated by the Pelican Inn in Chew Magna.

Through sport and football in particular, many of the regions' young men are introduced to the importance of education.

By providing skills training and learning opportunities, the library and community centre will be a fantastic focus for the local youth. In an area of high illiteracy and high unemployment, especially amongst the young, we hope this will give many people a brighter future.

The library has been well used by some of the schools and the local community. It is in need of more books and the Trust is hoping to provide a good selection of relevant literature in 2011.



The opening ceremony of the new library included very enthusiastic dancing from the local youth.

Education Project in Bolgatanga



more orphans delighted with their new uniforms and school books.

The Orphan Welfare project in Bolgatanga has provided school uniforms and health insurance for primary age children plus some fees for poor secondary pupils. Food aid is also provided by this project.



With help from the project these two young girls will be able to attend school.



Emmanuel Abongo showing Ann the dried fish that is an important source of protein and part of the food programme for orphans and families.

Health project



Dr Wendy Morris, at one of the outlying clinics in the Upper East Region. The staff of the clinic were delighted to receive a selection of much needed medical equipment.



The women's group had specifically requested this project. Thanks to all their hard work and commitment we are able to report the completion of the two buildings.

Training is being undertaken and soap making will commence soon. This small business venture will help the women to support themselves and their families

We would like to congratulate the women and wish them every success in their new venture

In 2010 ACT provided:

Health Insurance for orphans and poor families. This gave them access to free treatment within the Ghana Health Service.

Mosquito nets. Malaria is a huge problem in this region and nets are still considered an essential tool in the prevention programme.

A toilet for the Health Clinic in Wiaga. This was for the patients to use. Good sanitation is essential to prevent the spread of diseases like cholera.

Many items of equipment plus drugs and dressings. Most of the outlying clinics are desperately in need of these items.

The Soap Making Project

The widows and poor women's group in Wiaga helped to build two shelters for soap making.

The picture on the left shows the women carrying building materials on their heads. The men helped with the construction of the shelters but the women did a lot of the "donkey" work.



One of two soap shelter buildings, almost completed.

Farming project



Very healthy mother and baby.

The report from our farming project manager reveals

“a lot of challenges were experienced due to the weather. These challenges included delayed land preparation and delayed planting, caused by drought.

With the determination and good will of the women farmers the planting and weed control activities were successfully carried out. During the period there were continuous downpours and little sunshine. This affected the overall crop growth.”



Project workers inspecting the damage to crops following the floods.

The Donkeys we provided have been very well looked after by the women farmers. The women received training on the management and care of the animals plus on-going veterinary support. All the donkeys have given birth to healthy foals, who will stay with their “mothers” for a year and then be passed on to other farmers in need.

Although crop yield was not as good as expected, the donkeys, carts, ploughs and farming tools supplied to the project will be of great use again next year.

We hope our hard working farmers get better weather conditions next year.

Plans for 2011

ACT is hoping to work with two other charities, (**Thrive Africa UK and Sandema Educational Resource Centre**) to share resources and expertise and cut costs.

We will continue to support our Health, Education and Farming projects.

We would also like to:

- Have more orphans in school and on our Health Scheme
- Set up a community farm to provide fresh produce
- Send bikes, books, laptops etc
- Set up more income generating schemes like the soap project
- Provide more training and support for the care-workers and volunteers.

Helping us to really MAKE A DIFFERENCE

2010 was a great year for events with many of our supporters giving their time and money to support our projects.

5 of the 6 intrepid cyclists at the start of their long journey.



In August 6 inexperienced cyclists cycled 238 miles from Lands End to Chew Magna near Bristol and managed to raise over £3,800. Well done boys, a brilliant effort.

YOU can help us to **Make a Difference** Without our fantastic fundraisers and supporters we would not be able to help the orphans and families in Ghana.

If you would like to help in any way:

- Fundraising/holding an event
- Volunteering
- Making a donation
- Regular giving

Ring Ann 01275 332924

Or email us info@atiamah.com

The **Lake to Lake** charity walk in June was a great success.

Help Rural Nepal and Atiamah Trust joined forces in a circular walk with spectacular views of Chew Valley and Blagdon Lakes. Delicious food was provided at the end of the walk.



Wendy, in traditional dress, preparing to serve the Nepalese and Ghanaian Feast to the walkers.

Thank You to the following Trusts who **very generously** supported us in 2010:

The Allan & Nesta Ferguson Charitable Trust

The Souter Charitable Trust

Open Gate Trust

The Trustees would like to say a BIG THANK YOU to all our supporters and fundraisers who helped to make 2010 a great year

SUMMARY ACCOUNTS for 2010

These summarized accounts are extracted from the draft accounts for the year 2010 which are subject to independent examination. A full copy of The Trust's *Financial Statements* is freely available on request.

<i>Receipts</i>	<u>2010</u>	<u>2009</u>
Donations	5,801	6,129
Events (see note 1)	8,441	16,046
Grants	13,125	17,250
Gift aid recoveries	1,985	2,069
Interest	<u>31</u>	<u>22</u>
Total Receipts	29,383	41,516

<i>Payments</i>	<u>2010</u>	<u>2009</u>
Grants to projects in Ghana	25,369	11,800
Bank charges for grant transfers	0	15
Cost of medicines/supplies to Ghana	2,646	0
Insurances	482	482
Project Management costs (see note 2)	2,878	0
Other expenses	<u>327</u>	<u>236</u>
Total Payments	32,702	12,533

Net Unrestricted Receipts (Payments)	<i>(2,319)</i>	28,983
Unrestricted Funds brought forward	59,335	30,352
Unrestricted Funds carried forward	57,016	59,335

Note 1 Event receipts do not include gift aid recoveries associated with donations for those events. Event receipts are net of event costs.

Note 2 Costs incurred, including travel, in management of supported projects in Ghana.

It is the policy of the Trust to retain in reserve a sum equivalent to at least one year's basic funding. This is to guarantee the operation of the project for at least one year ahead.

Trustees:

Mercia Braybrook
Ann Clifford (secretary)
Katie Dighe
Helen Miller
Wendy Morris (chairperson)
Alastair Roderick
John Sewart (treasurer)
Ann Shah

The Atiamah Charitable Trust is an independent organisation, registered with the Charity Commission in 2004. **The objectives** are to improve the quality of life of people suffering from disease and poverty in Ghana by supporting home based care, out patient clinics, education, other training and youth activities. The charity is managed by the voluntary trustees who are appointed by election.



With your help—they can go to school.

Thank you if you are already supporting us—if not—could you consider making a regular donation?

Regular donations really help us to

Make a Difference

to the lives of some of the poorest people in Africa

Please don't wait—contact us TODAY

www.atiamah.com

Contact us at:

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Chew Magna
Bristol BS40 8QQ
Tel: 01275 332924
info@atiamah.com

THANK
YOU

**THE
ATIAMAH
TRUST**

A red silhouette of the African continent is positioned behind the text 'THE ATIAMAH TRUST'.

This report has been officially approved by the trustees of the Atiamah Trust .
Date: 2.3.2011 W Morris, Chair Reg. charity no: 1105187